## **Amendments to the Claims**

This listing of claims will replace all prior versions, and listings, of claims in the application.

## Listing of Claims

Claims 1-66 (canceled)

Claim 67 (new) A method for quickly cleaning out the fecal matter in the colon of a human being by initiating hypermotility of the intestines through an osmotic imbalance using sodium phosphate and maintaining the hypermotility of the intestines using polyethelene glycol; said method comprising the steps of:

providing the human being with at least two powder mixtures containing:

approximately 20 grams water soluble disodium phosphate powder without any additional electrolytes to initiate the flow of diarrhea;

approximately 60 grams soluble PEG powder by weight, said water soluble PEG powder without any additional electrolytes and said water soluble PEG having a molecular weight of between about 3000 Daltons and about 8000 Daltons to maintain the flow of diarrhea;

instructing the human being to dissolve a first mixture of said two disodium phosphate and PEG powder mixtures together in about 1 quart to about 1.5 quarts of water;

instructing the human being to drink said water containing said first mixture of disodium phosphate and PEG powders during the day before the colonoscopy;

instructing the human being to dissolve a second mixture of said two disodium

and PEG powder mixtures together in about 1 quart to about 1.5 quarts of water;

instructing the human being to drink said water containing said second mixture of

disodium phosphate and PEG powders approximately six hours after drinking the water

containing said first mixture of disodium phosphate and PEG powder;

instructing the human being to drink sufficient liquid containing sodium and

potassium ions the day before the colonoscopy to satisfy hunger;

instructing the human being to add an optional adjuvant to the mixture of

disodium phosphate and polyethelene glycol;

allowing said first mixture of water containing said disodium phosphate and PEG

powders and said second mixture of water containing said disodium phosphate and

PEG powders to cause substantially all fecal matter to be flushed from the colon;

wherein said soluble disodium phosphate powder within said water will initiate

the creation of diarrhea by hypermotility within the bowel, and said soluble PEG powder

within said water will maintain the flow of fecal matter through the bowel resulting in a

clean colon for examination.

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